

Michigan's Multi-Tiered System of Supports Technical Assistance Center January 2021 – Version 1.0

## **Self-Monitoring Video Guiding Questions**

The following guiding questions are intended for use with the Self-Monitoring video that is a part of the follow up to Behavior Interventions in the Classroom professional learning session. The guiding questions can be used for individual reflection or to facilitate small or whole group discussion after viewing the video.

## **Guiding Questions**

- 1. Think about a time when you have set up a system to monitor your own behavior. What contributed to the success of your self-monitoring? What contributed to the failure of your self-monitoring?
- 2. What class-wide behavior might you want your students to monitor? How might you implement self-monitoring? Where and how will they record behaviors? What will signal to them that it's time to record? How will your record in order to compare results for accuracy checks? How will students monitor/graph progress?

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